## **PSHE** and Safeguarding

## NEWSLETTER



Welcome to the PSHE and safeguarding WPT newsletter.

developing their knowledge, conf dence and understanding of the world they live in.

We of er a spiral curriculum which means subject matter will be re-visited across dif erent age ranges in order to deepen understanding and embed laws

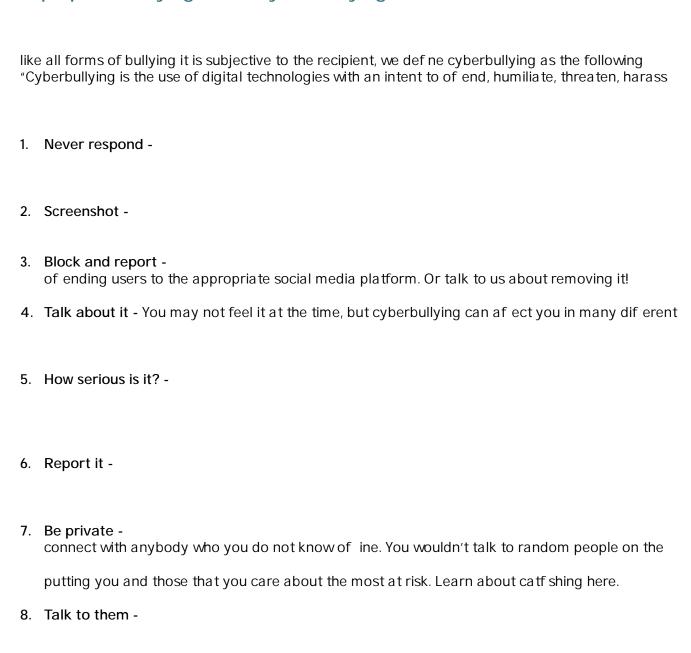
**Emotional Well-Being at WPT** 

As a starting point	understanding of what we intend to deliver.  I recommend looking at the following;						
Substance Misuse							

## - www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/

- <a href="https://www.thinkuknow.co.uk/parents/">https://www.thinkuknow.co.uk/parents/</a>

## Top tips for staying safe - Cyber Bullying



equal environment. This is a proactive and ef ective way to deal with online bullying.

9. Sympathise - bully are going through a dif cult time themselves and will often need a lot of help and support.

Respecful and Healthy Relationships Education					
Topics will focus on social inf uences, how to form and maintain healthy relationships,					
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Anti-Bullying
Books to help conversations with teenagers around puberty, body image and relationships:
101 Things Every Boy Needs To Know: Important Life Advice for Teenage Boys! You Grow Girl! - Dr Zoe Williams
It's Totally Normal! An LGBTQIA+ Guide to Puberty, Sex, and Gender



www.wickersleypt.org